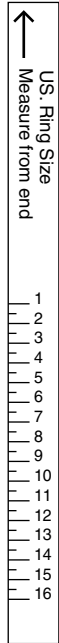
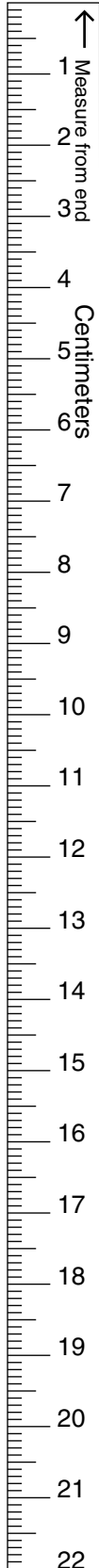


Before Printing this page, make sure your printer is loaded with 8 1/2" x 11" paper or larger. Make sure the "Shrink oversized pages to paper size" and the "Expand small pages to paper size" boxes are unchecked in the Print dialog box. After printing, verify that the size is correct by comparing the printout to a known ruler. Then cut out the needed paper ruler.



Measuring Instructions

Ring (finger) size:

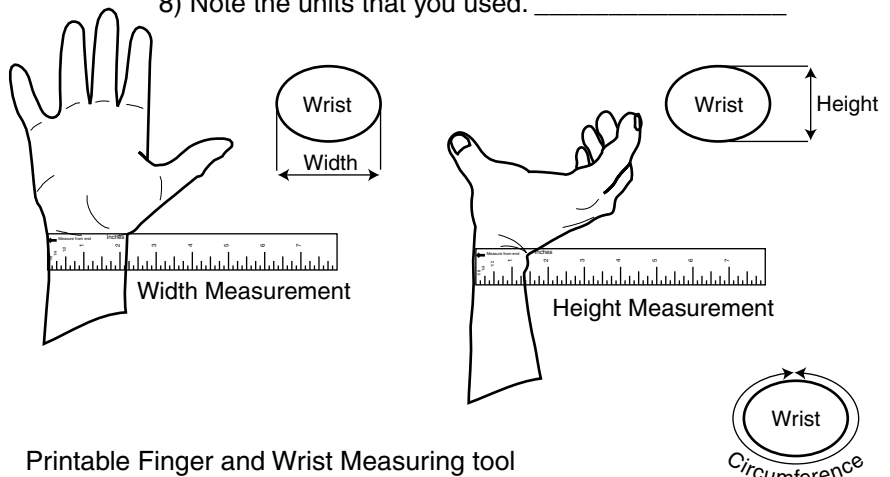
(Note: This method is not as accurate as using a metal or plastic finger gauge, if you have access to one of them please use it.)

- 1) Cut out the ring size gauge.
- 2) Apply a small piece of tape at the arrow.
- 3) Attach the taped end to the finger you wish to measure.
- 4) Wrap the gauge around the finger.
- 5) Note the closest 1/2 size. _____

Bracelet (wrist) size:

(Note: be sure and measure the same wrist that you are going to wear the bracelet on and be precise.)

- 1) Measure the width by holding the ruler across the top of the wrist, keep the ruler straight and measure with only one eye open to obtain the best reading.
- 2) Note the width. _____
- 3) Measure the height by holding the ruler across the side of the wrist, keep the ruler straight and measure with only one eye open to obtain the best reading.
- 4) Note the height. _____
- 5) Apply a small piece of tape to the end of the ruler at the arrow.
- 6) Measure the circumference by attaching the taped end of the ruler to the wrist and wrapping it around the wrist.
- 7) Note the circumference. _____
- 8) Note the units that you used. _____



Printable Finger and Wrist Measuring tool
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